

NOVEMBER 2026

THE CENTER CONNECTION



Veterans



Appreciation Celebration

Thursday, November 12 at 1:30 pm

The Enfield Senior Center will host a special celebration honoring our veteran members and recognizing the dedication, service, and sacrifices of those who have served our country.

Honor Photo Wall: Veteran members are invited to provide a photo of themselves during their time in service to be displayed at the Enfield Senior Center, recognizing and honoring those who have served our country. Photos may be dropped off at the Senior Center or emailed to SeniorCenter@enfield.org. Please include the individual's first and last name and branch of service with each photo.

Veterans and guests please register online through your MyRec account or call 860-763-7425 by Friday, Nov. 6.

Refreshments Sponsored By: Home Helpers Home Care



A Morning of Music with JFK Middle School Thursday, November 19 at 10:30 am

Start your morning with the sounds of talented young musicians! We are excited to welcome the students of John F. Kennedy Middle School for a special musical performance featuring the Patriot Select Choir, Patriot Orchestra, and Patriot Band.

Please register online through your MyRec account or call 860-763-7425.



AARP®

**TAX PREP INFORMATION
WILL BE AVAILABLE
IN THE DECEMBER 2026
NEWSLETTER.**

Hours

Monday, Wednesday, Thursday: 8 am - 8 pm
Tuesday & Friday: 8 am - 5 pm

(860) 763-7425

299 Elm Street, Enfield, CT 06082

Registration Dates for October Classes

Resident: Opens Monday, October 19 at 8:30 am

Non-Resident: Opens Monday, October 26 at 8:30 am

Registrations accepted in-person and online until classes are full.

**Enfield Senior Center Closed -
November 11, 25 (Closing at 4 pm), 26 & 27**

1 Holiday Craft Fair

Holiday Craft Fair & Raffles

Saturday, November 21

8:00 am – 12:00 pm

Looking for unique gifts? Stop by our Holiday Craft Fair for a great selection of handmade items, decorator fabrics, sewing machines, and more!

Teacup Basket Raffles

Raffle tickets are 2 for \$1.00. Tickets will be available at the Holiday Craft Fair on Saturday, November 21 until 12:00 pm.



Lions Club Pancake Breakfast

Serving from 8:00 – 11:00 am. Enjoy all you can eat pancakes, sausages, orange juice and coffee.

Cost

Adults - \$7.00 Seniors - \$6.00,
Child (under 13) - \$5.00



Quilt Raffle

Raffle tickets are \$2.00. Tickets are currently available at the Enfield Senior Center. Winner will be selected after completion of the craft fair on Saturday, November 21.



Handcrafted by ESC Sassy Sewers (70' x 81')

Dickens' Village Series Raffle



Raffle tickets are \$1.00 and currently available at the Enfield Senior Center. One lucky winner will take home a special set of 1984 Department 56 Dickens' Village Collection pieces!

**Raffle winners do not need to be present.
All raffle winners will be notified by phone.**

2 Fitness Classes

R = Resident
NR = Non-Resident

Yoga - All Levels

Mondays, Nov. 2 - 23 | 8:15 - 9:15 am | R\$20 NR\$25

Instructor: Terry Stearns

Tuesdays, Nov. 3 - 24 | 9:00 - 10:00 am | R\$20 NR\$25

Instructor: Carleen Sarno

Wednesday, Nov. 4 & 18 | 5:30 - 6:30 pm | R\$10 NR\$13

Instructor: Terry Stearns

Thursday, Nov. 5 - 19 | 6:00 - 6:45 pm | R\$15 NR\$19

Instructor: Shelly Ansaldi

These classes are for active seniors who want to incorporate mat work on the floor into their yoga practice.

Limit: 20 Participants **NO CLASS Nov. 11, 25, & 26**

Yoga - Chair and Standing

Tuesdays, Nov. 3 - 24 | 10:00 - 10:45 am | R\$20 NR\$25

Instructor: Carleen Sarno

Designed for older adults, yoga positions are modified for chair or standing.

Limit: 25 Participants

Chair Exercise

Mondays, Tuesdays, Thursdays | 11:00 - 12:00 pm | Free

Improve flexibility, coordination and stamina by following along to this video-led exercise program.

Limit: 40 Participants **NO CLASS Nov. 19 & 26**

Beginner Line Dancing

Mondays, Nov. 2 - 23 | 1:00 - 2:00 pm | R\$16 NR\$20

Instructor: Donna Meyer

Learn line dancing at a beginner level - fun & easy dances with lots of basic steps.

Limit: 25 Participants

Line Dancing to Different Rhythms

Mondays, Nov. 2 - 23 | 2:00 - 3:00 pm | R\$16 NR\$20

Wednesdays, Nov. 4 & 18 | 1:30 - 2:30 pm | R\$8 NR\$10

Instructor: Donna Meyer

This class mixes different tempos and rhythms with fun while line dancing.

Limit: 25 Participants **NO CLASS Nov. 11 & 25**

Boxilates

Mondays, Nov. 2 - 23 | 5:00 - 5:45 pm | R\$20 NR\$25

Instructor: Lisa Nadeau

This class combines both cardio, kickboxing, and mat Pilates.

Limit: 30 Participants

Zumba

Mondays, Nov. 2 - 23 | 6:15 - 7:00 pm | R\$20 NR\$25

Instructor: Kelly Phillips

Easy-to-follow dance moves create a dynamic and exciting workout.

Limit: 30 Participants

Fit & Fun

Mondays, Nov. 2 - 23 | 7:10 - 7:55 pm | R\$20 NR\$25

Instructor: Kelly Phillips

The Everything Class! Stretch, Strength, Core, Balance, and a little cardio too.

Limit: 30 Participants

Chair Volleyball

Wednesdays, Nov. 4 & 18 | 3:00 - 5:00 pm | Free

Chair volleyball is played with a beach ball and modified volleyball net. Rules are comparable to regular volleyball except you must stay seated. **It is required that you become an Enfield Senior Center member and sign a waiver to play.**

Limit: 30 Participants **NO SESSIONS Nov. 11 & 25**

POWerBall

Wed., Nov. 4 - 25 | 9:30 - 10:15 am | R\$15 NR\$19

Instructor: Lisa Nadeau

This class challenges different muscle groups using light hand weights and an exercise ball for upper body strength, core strength, and balance. Standing exercises are also incorporated for a well-rounded class.

Limit: 18 Participants **NO CLASS Nov. 11**

Cardio Drumming

Thursdays, Nov. 5 & 12 | 6:55 - 7:40 pm | R\$10 NR\$13

Instructor: Kelly Phillips

Use drumsticks and an exercise ball to achieve a full body workout all done to fun music. For all skill levels.

Limit: 20 Participants **NO CLASS Nov. 19 & 26**

POW! People on Weights

Monday, Nov. 2 - 23 | 10:00 - 10:45 am | R\$20 NR\$25

Wed., Nov. 4 - 25 | 11:30 - 12:15 pm | R\$15 NR\$19

Friday, Nov. 6 - 20 | 10:30 - 11:15 am | R\$15 NR\$19

Instructor: Lisa Nadeau

This class trains the entire body using light weights, bands, and your body weight. The instructor will accommodate your unique goals. This class is for all skill levels.

Limit: 35 Participants **NO CLASS Nov. 11 & 27**

Stretch & Flex

Wed., Nov. 4 - 25 | 10:30 - 11:15 pm | R\$15 NR\$19

Friday, Nov. 6 - 20 | 11:30 - 12:15 pm | R\$15 NR\$19

Instructor: Lisa Nadeau

This class incorporates stretching, flexibility, and balance into one class. Exercises will be standing and sitting in chairs. This class is for all skill levels.

Limit: 35 Participants **NO CLASS Nov. 11 & 27**

3 Arts & Craft Classes & Groups

R = Resident
NR = Non-Resident

Paint Party

Monday, November 2 | 1:00 – 3:30 pm | R \$20 NR \$25

Instructor: Sandra Poirier

Explore your creativity as you paint a beautiful 11 x 14 inch Winters Keepsake painting in this guided class. All supplies included.

Limit: 15 participants.

Jewelry Making

Friday, November 6 | 9:30 – 11:30 am | R \$5 NR \$6

Instructor: Sandy Merrill

Create a one-of-a-kind handmade piece from Sandy's huge collection of beads.

Tools provided; beads and findings purchased separately.

Ceramics

Thursdays, November 5 - 19 | 9:30 – 11:30 am | R \$15 NR \$19

NO CLASS Nov. 26

Instructor: Vallory Massita

Learn ceramics, from preparing greenware to finishing or firing the piece.

Greenware is purchased separately.

Bloom Where Planted: Dry Flower Ornament Workshop

Tuesday, November 24 | 2:30 pm | R - \$18 NR - \$23

Learn how to preserve flowers to make lasting art. Create beautiful and unique ball ornaments using nature's colors. Perfect for the holidays or as decor all year round.

Registration and payment must be completed in person at the Senior Center. Cash or check only. Minimum of 8 participants needed to run class. Maximum – 25 participants.

Deadline to register for class: Wednesday, November 18.

Knitting & Crocheting Corner

Wednesdays | 9:30 – 11:30 am | Free

NO INSTRUCTION Nov. 11

Instructor: Lena Bancroft

Ever wanted to turn yarn into something beautiful? Explore the creative world of knitting and crocheting as you learn new techniques and spark your creativity. Whether you're a beginner or building your skills, there's always something to.

Bring your own materials or browse our center's variety of yarns and supplies available for purchase. Registration required.

Coloring for Stress Relief

Thursday, November 19 | 1:00 – 3:00 pm | Free

Coloring generates wellness and creativity. Join us for a relaxing afternoon of colored pencil art and socialization. All supplies provided.

Sassy Sewers

Wednesday, November 25 | 12:00 – 2:00 pm | Free

NO GROUP Nov. 11

Enjoy sewing, quilting, creativity, and camaraderie. Work on a personal project, collaborate on group projects, share ideas and techniques, and make new friends along the way. This group also creates beautiful quilts to be raffled off at our craft fairs, as well as handmade items for the Senior Center gift shop. Whether you're a pro sewist or simply enjoy being creative and connecting with others, come be part of the fun!

Creative Stitches

Mondays & Wednesdays | 10:00-12:00 am | Free

NO GROUP Nov. 11

Enjoy the many forms of fiber crafts. This group knits, crochets, sews, quilts, and gets creative in a welcoming and relaxed atmosphere. Bring your own projects, work at your own pace, share ideas and talents, and enjoy crafting and visiting with others. With endless possibilities, you can work on personal projects of your choice or help create handmade items for our craft fairs and Senior Center gift shop. All skill levels and creative interests are welcome!



4 Other Programs



Monthly Birthday Party

Parkway Pavilion Health & Rehab join Community Café luncheon participants on the last Wednesday of the month to help celebrate their birthdays. All CRT lunch participants enjoy a cupcake and CRT birthday members receive a birthday card & gift card.



My Year Living with a Robot

Tuesday, November 10, 1:30 pm

Imagine a robot moving into your home. How would it change your daily life? Historian Emily Kate Genatowski shares five eye-opening lessons from a year living with her AI-powered robot roommate, from the quirky and chaotic to the surprisingly mundane. Her experiences show that the future of robots isn't science fiction – it's practical, messy and already here.

Why Chinese Electric Vehicles

Are Banned In the U.S.

Tuesday, November 24, 1:30 pm

This episode takes a deep dive into why Chinese electric vehicles can't seem to go truly global despite being the most technologically advanced cars on the market. It looks into the rise of Chinese EVs, the state behind the wheel, global pushback and the competition between EVs and gas cars.

THANKFUL

Ask The...

The following services are available for a free 15-minute consultation. Dated services run from 10:00 to 11:45 am.
To schedule an appointment, call 860-763-7425.

Legal Consultation: November 17
(guidance from general practice law firm)

Ask the Lawyer: November 25
(advice from practicing Elder Law attorneys)

Hospice Care Consultant: Call to schedule an in-person or phone appointment. (guidance in all stages of hospice)

Ask the CPA: Call to schedule a phone appointment.

Ask the Realtor: Call to schedule an in-person or phone appointment. (Seniors Real Estate Specialist)

Ask the Home Inspector: Call to book a phone appointment. (info about new home purchase, resell, and improvements)

Home Care Consultant – Call to schedule an in-person or phone appointment. (Home Helpers Home Care)

Young Historians Share Enfield

History with Seniors

Monday, November 16, 4:30 pm

Over the last six months, the Enfield Young Historians have learned about Enfield's history by attending historical presentations and walking tours in the Enfield Historic District, Hazardville, Scitico, and Thompsonville neighborhoods. The members have also learned an appreciation for the different immigrant groups and important Enfield historical people.

The Young Historians will share their Enfield historical cards and graphic article about their experiences with senior center members. Please join us for this informative and interactive activity.

Please register through your online MyRec account or call 860-763-7425.

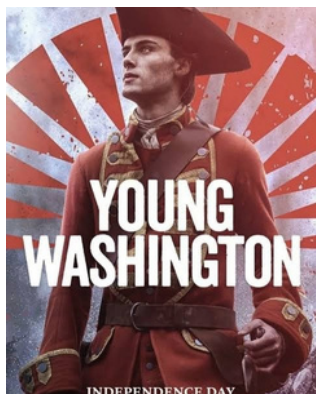
Medicare Open Enrollment Period

October 15 - December 7, 2026

Time to review what the 2027 changes to your current 2026 plan will do to your out-of-pocket costs. During Open Enrollment what you can do depends on the kind of coverage you have now. You may be able to change your Medicare Advantage Plan, change your drug plan, or change how you get coverage. Changes made by December 7, 2026, will become effective on January 1, 2027. **To book an appointment with a CHOICES counselor, call 860-763-7425.**

5 Tech, Movies, & More

Movies



**Young
Washington**
Friday, Nov. 6
1:30 pm
FREE

A young George Washington faces war, betrayal and impossible choices that will forge a leader.

Snacks provided by:
FRIENDS of the Enfield Senior Center

Technology Classes

Google Like a Pro

Wednesday, November 4 - 1:30 - 3:30 pm

R \$4 NR \$5

Limit: 10 participants

Instructor: Dara Febres

Discover the many useful Google programs, including Google Docs, Google Photos, and Google Sheets. Learn how these tools can help you create documents, organize photos, manage information, and simplify everyday tasks.

Digital Library & Free Entertainment

Wednesday, November 25 - 1:30 - 3:30 pm

R \$4 NR \$5

Limit: 10 participants

Instructor: Dara Febres

Explore free digital resources available through your library! Learn how to access e-books, audiobooks, movies, and other entertainment right from your computer, tablet, or smartphone.

Drop-in Tech Help

Wednesday, November 18 - 1:30 - 3:30 pm

FREE

Having trouble navigating your laptop, iPhone, Android, or other device? Come in to get some help from our tech expert Dara. No appointment needed.

TRIAD Safety

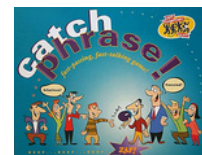
Home Heating Safety

Most home-heating fires involve portable and space heaters. Gas and kerosene heaters pose the highest risk of home-heating fire fatalities, but all heaters can be dangerous if used improperly.

- **Shop Safely:** Choose heaters tested by an independent laboratory with automatic shut-off features.
- **Maintain Equipment:** Have stoves and chimneys professionally inspected and cleaned.
- **Keep Space:** Keep heaters at least 3 feet from walls, furniture, and flammable materials.
- **Vent Gas Heaters:** Ensure proper ventilation. Never use unvented gas heaters in bedrooms or bathrooms.
- **Refuel Safely:** Refuel kerosene heaters only when completely cool, away from flames. Use approved kerosene—never gasoline.

Game Shelf in the Library

Our library game shelf is here for everyone to enjoy at the Enfield Senior Center. Borrow a game, play with friends, and then return it to the shelf when you're done so others can enjoy it too. Please make sure all the pieces are put back. Choose from favorites like Scrabble, Triominos, Backgammon, Checkers, and more!



6 Games & Books

Cribbage

Mondays, 12:45 pm – 3:00 pm

Dining Room

Duplicate Bridge

1st & 3rd Mondays, 12:45 pm – 3:30 pm

Dining Room

Poker

Mondays & Thursdays, 12:30 pm – 4:30 pm

Billiards Room

Hand & Foot

Mondays & Thursdays, 12:45 pm – 4:00 pm

Dining Room

Setback

Tuesdays, 12:45 – 4:00 pm

Dining Room

Hand, Knee & Foot

Wednesdays, 12:45 pm – 4:00 pm

Dining Room/Billiards Room

Fun Bingo!

Wednesdays, 10:45 am – 11:45 am

Drop-in and play a few games for small cash prizes. Cost is 50 cents per card. Please bring exact change. Dining Room.

Bridge

Wednesdays, 12:30 – 3:30 pm

Billiards Room

Mahjong

Wednesdays, 1:00 pm – 4:00 pm

Dining Room

Wii Bowling

Thursdays, 5:00 pm – 7:45 pm

Billiards

Tuesday, Thursday & Friday, 8:00 am – 4:45 pm

Monday & Wednesday, 8:00 am – 7:45 pm

Cornhole, Bocce, & Croquet

Weather Permitting.

Afternoon Book Chats

Homecoming by Kate Morton

Wednesday, November 18

2:30pm



Called home to care for her grandmother after a fall, Jess, a journalist, discovers a true crime book chronicling a long-buried police case. It is only when Jess skims through its pages that she finds a connection between her family and this event—a mystery that has never been satisfactorily resolved.

December Book:

The Holdout by Graham Moore

TRIVIA TREATS AND PRIZES



WITH NICOLE MATSON FROM

Home Helpers®

November 10 at 1:30 p.m.

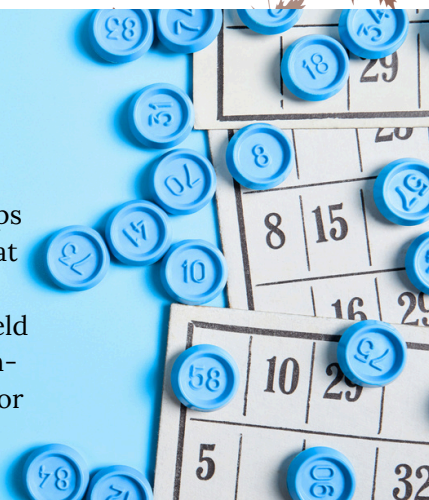
ENFIELD SENIOR CENTER

Bingo

Tuesdays, 6:30 pm

at the Enfield Senior Center

Purchase a minimum of three strips for \$15. Have fun and help us out at the same time! All proceeds are donated to the Friends of the Enfield Senior Center and other local non-profits. Sponsored by Enfield Senior Citizen's Association, Inc.



7 Wellness Programs

Beyond the Scale

Wednesdays at 11:00 am

A weekly support group for those that need a little extra help in their weight loss journey.

Community Café

CRT provides this elderly nutrition program to persons 60 years or older. Meals are served on Monday, Wednesday, & Friday when the Senior Center is open. Suggested donation is \$3.00 per meal. Reservations or cancellations should be made no later than noon the business day before by calling 860-763-7428. **New members must fill out paperwork before making reservations.**

Please call 860-763-7428 for more information.

Stroke Support Group

Wednesday, November 4 at 10:00 am

Join others for support, friendship, and education. If you have any questions, please contact Amanda Lizotte at 413-565-1796 or at alizotte@baypath.edu.

Meetings are held at the Enfield Senior Center.

New!

Grief Support Group

Tuesday, November 10 at 11:00 am

A welcoming group offering support, understanding, and encouragement for those coping with the loss of a loved one. Come together with others who are experiencing grief, share your thoughts and feelings in a safe and supportive environment, and find comfort in knowing you are not alone. No registration is required—everyone is welcome.

PRIME Fitness Center

Monday, Wednesday, Thursday

Open: 8:00 am - 8:00 pm

Tuesday & Friday

Open: 8:00 am - 5:00 pm

Please call **860-272-3554** to learn how to register as a new member. Fee based membership, Silver Sneakers, Silver & Fit and Renew Active accepted.



Low Vision Support Group

Wednesday, November 18 at 1:00 pm

The Low Vision Support Group provides a welcoming space for individuals with vision loss to connect, share experiences, and access to helpful education and resources. All are welcome.

Any questions? Please contact Muriel Capocci at 860-741-0857 or m.capocci@cox.net

Bereavement Support Group

Monday, November 23 at 1:00 pm

Grief is a personal journey, and everyone is welcome, no matter where they are in the grieving process. Whether your loss is recent or years ago, this supportive group offers a safe place to share, listen, and connect with others who understand. Discussions include helpful resources, coping strategies, and information, with time for compassion, encouragement, and meaningful conversation.

No registration required.

Any questions? Please call 860-763-7425.

8 Presentations & Tabling Events

Please register for presentations online through your MyRec account or call 860-763-7425.

Master Gardener Tabling Event

Wednesday, November 4 - 11:00 am to 12:00 pm

Gardening questions? Master Gardeners have the answers! Whether you're a seasoned gardener or just starting out, UConn Extension Master Gardeners are available to answer your questions and provide expert advice on plant identification, insect damage and disease diagnosis, container gardening, landscaping suggestions, and growing guidance.

No appointment necessary—just stop by!

Independence at Home Tabling Event

Wednesday, November 18 - 10:00 am to 1:00 pm

Stop by to meet representatives from Independence at Home and the Center for Healthy Aging! Learn about non-medical in-home care services that help older adults maintain their independence, safety, and quality of life in the comfort of their own homes. Representatives from the Center for Healthy Aging will also share information about navigating the healthcare system and accessing community-based services, with a focus on geriatrics and wellness.

No appointment necessary—just stop by!

Military Research Presentation

Wednesday, November 4 - 5:00 pm

Presenter – Alex Beckstrand, Ph.D., Infantry Officer, USMCR, Founder and Owner, Legacies of Service LLC

Have you ever wanted to learn more about a family member's military service but didn't know where to start? In this engaging presentation, Dr. Alex Beckstrand shares a real-life research journey that uncovered a veteran's long-forgotten story of service and sacrifice. Attendees will learn practical tools and strategies for researching military records and tracing their own family's military history.

CHOICES Open Enrollment – Learn to Do It Yourself Presentation

Thursday, November 5 - 2:30 pm (Enfield Senior Center) OR Thursday, November 12 - 6:00 pm (Central Library)

Learn how a little DIY (Do It Yourself) can help you make a more informed Medicare decision. Join us for a presentation focused on reviewing your Medicare options based on your individual health needs, medications, and doctors.

This presentation may be especially helpful if you:

- Get your Medicare plan through a financial professional and may have missed other options.
- Have health conditions that result in high medical costs.
- Pay all or most of the cost for expensive medications.
- Want to make sure all of your doctors are covered.
- Want to know what to look for—and what to watch out for—in 2027 Medicare plans.

Please sign up for one presentation.

Stay Safe: Scams & Winter Safety Tips Presentation

Friday, November 13 - 1:30 pm

Presenter – Jason Carbone, Retired Manchester Police Officer

Learn about common scams targeting older adults and how to recognize and avoid them. The presentation will also cover practical winter safety tips to help attendees stay safe and prepared during the upcoming season. This interactive program will provide useful information and encourage questions throughout the presentation.

Owls of Connecticut Presentation

Thursday, November 19 - 1:30 pm

Presenter – Thomas Kosturko, Home Care Coordinator

How much do you really know about owls? Join us to explore the fascinating world of owls! Discover fun facts about Connecticut's eight owl species, their habits, diets, and lifespans, along with myths and beliefs about owls from cultures around the world. Enjoy an engaging slideshow, owl sound bites, and fun trivia to test your owl knowledge. A Q&A session will follow the presentation!

9 Senior Services

Senior Citizen Services

Enfield Loaves and Fishes

A free meal seven days per week.
Call 860-741-0226

Meals on Wheels

Home-delivered lunches available Monday - Friday.
Call 860-763-0400

Enfield Food Shelf

786 Enfield Street, Enfield, CT 06082
Call 860-741-7321 or visit enfieldfoodshelf.org

Department of Social Services

Provides advocacy, planning, and delivery of services with public, private, and community-based organizations.
Call 860-253-6395

Dial-a-Ride

Provides transportation for Enfield residents age 60 and over or those physically disabled to destinations within town.
Call 860-272-3545

Nutmeg Senior Rides

Call 860-758-7833
www.nutmegseniorrides.org

Veterans and Senior Services

Congressman Joe Courtney's Enfield Office
Call 860-741-6011
www.Courtney.house.gov
Monthly Meeting: November 3 at 9:30am

AARP CT Smart Driver Program

Thursday, November 19 from 1:00 - 5:00 pm

AARP will sponsor this in-person driver safety class at the Enfield Senior Center. The cost is \$20 for AARP members and \$25 for non-members. Please bring a check payable to AARP the day of the class. Registration is required by calling 860-763-7425. Space is limited.



Online Course:

<http://www.aarpdriversafety.org>

Footcare

\$40.00 per person

Foundations Foot Care, LLC will provide 30 minute footcare sessions by a registered nurse at the Senior Center. Cash or check payment will be given directly to the provider that day.

Please call 860-763-7425 to schedule an appointment.

A session may entail:

- Nail & Foot Assessment
- Routine Nail Care
- Diabetic Foot Health
- Ingrown Nail Care
- Prevention Education
- Callus/Corn Care

Weather Policy

The Enfield Senior Center no longer follows the Enfield Public Schools inclement weather policy.

Cancellations will be posted on our MyRec website, Facebook page, and on WFSB Channel 3. You may also call the Senior Center for cancellation information at 860-763-7425.

Friends of the Enfield Senior Center

The Friends of the Enfield Senior Center, a nonprofit 501(c)(3) organization, was organized to raise funds in support of the Enfield Senior Center, and accept donations and memorials to further their mission. Donations envelopes are available at the Senior Center.

Thank you to the following for their donations:

- Arlene Firtion
- Pamela Goguen
- Carol Honeychurch
- Gina Umgelter
- Paul and Linda LaJoie

Withdrawal Policy

Refunds are not given unless for a medical reason upon receipt of a doctor's note. A program credit to be used for another Senior Center program may be given on a case by case basis.

ENFIELD SENIOR CENTER REGISTRATION PROCEDURE

Registration for November classes will begin on **Monday, October 19 for residents** and **Monday, October 26 for non-residents**. Pre-registration will be required for some programs. Please refer to the class description.

- Classes are no longer listed on the registration form. Please find a list of offerings from the Newsletter which can be found on the Senior Center website, Senior Center MyRec site, Facebook page, Instagram, or through our subscribed email blast.
- Please note that the new registration form has a release and waiver section at the bottom of the form. **Participants are required to fully fill out and sign the form.**
- Participants may **only register themselves**, due to limited class sizes.
- Acceptable **forms of payment** are debit/credit card, cash, check, or money order made payable to the Enfield Senior Center.
- Participants who have a credit from cancelled classes in their MyRec Wallet may apply it to their registration.
- Mail-in registrations will be accepted and put in a hold folder **to be entered at random** after the initial registration based on your residency.

For more information, the registration form, and the program class offering, please visit our **MyRec website at:** www.enfieldseniorcenter.com

Sign up early as class size is limited and slots are awarded on a first come first served basis.

ENFIELD SENIOR CENTER ACTIVITY REGISTRATION FORM

299 Elm Street, Enfield, CT 06082

Phone: 860-763-7425 Website: www.enfield-ct.gov/Senior-Center

MEMBER INFORMATION

Name: _____ Phone: _____
Address: _____ DOB: _____
City: _____ State: _____ Zip: _____
Emergency Contact: _____ Phone: _____

MEDICAL INFORMATION

Are there any medical concerns or special needs that we should be aware of? If yes, please list here:

For complete information concerning the HIPAA Compliance Program, visit our website at www.enfield-ct.gov or call the Senior Center for more information.

PROGRAM INFORMATION

Program Name	Day (circle)	Time	Fee
_____	M / T / W / Th / F	_____	\$ _____
_____	M / T / W / Th / F	_____	\$ _____
_____	M / T / W / Th / F	_____	\$ _____
_____	M / T / W / Th / F	_____	\$ _____
			Total \$ _____

RELEASE & WAIVER

In consideration for participating in the above-referenced program/activity sponsored by the Senior Center Division of the Town of Enfield, I hereby waive and release the Town of Enfield, its agents, officers and employees, whether paid or voluntary, from and against any and all claims, suits, actions, damages, liabilities, costs, expenses and or judgements, including attorney's fees and court costs, which may arise from my participation in the above-referenced program/activity or any illness or injury resulting there from, either directly or incidentally.

I hereby represent that I understand and am familiar with the nature and type of activities in which I will participate as part of the above-referenced program activity. I further represent that I am in good physical and mental health condition and that I am unaware of any physical or health condition that would affect my ability to participate in the above-referenced program/activity.

I acknowledge that I will be solely responsible for the furnishing of safeguards and appropriate equipment for protection against injury.

Photo Release: The Senior Center reserves the right to photograph program participants for publicity purposes. Please be aware that these photos are for Senior Center use only and may be used in future catalogs, websites, brochures, pamphlets, and/or flyers.

I have read this document and understand and agree to its terms and conditions.

Participant Signature

Date